

Y Guides January Newsletter



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

UPCOMING EVENTS

[Chief's Meeting](#)

Join us to kick off the New Year at the McKimmon Center. Get all the details to the upcoming year.

- **January 9 at 7 p.m.**

[Polar Bear Challenge and Swim](#)

Come and take the plunge with you tribe at one of our Association Branches. 45 minutes before your swim time come to the branch and participate in the fitness challenge. Sign up your tribe [HERE](#).

[Winter Inning](#)

Click [HERE](#) to purchase your Winter Inning ticket. Remember you can invite your entire family to see Michael Grandinetti.

- **January 28 at 1 p.m. or 4 p.m.**



A tribe getting ready to take the plunge at one of our YMCA Facilities. You can get more information [HERE](#)

Want some patches?

Take advantage of some fun vendor events in the triangle during the month of January.

[NC State Basketball Wolfpack Helpers](#)

- January 6, 11, 18, and 21

[North Carolina Theater](#)

- January 12– 21

[Carolina Hurricanes](#)

- January 14

All events put on by our vendors can be found on the [Y Guides Calendar](#)

Social Media

Follow us on social media. If you and your tribe are doing fun things let us know.



YGuides.YMCATriangle.org



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