

# FALL OUTING CAMP KANATA

## Saturday Overnight

### SATURDAY

- 9 a.m.-5 p.m. Enjoy Fall Outing Activities (12-1 p.m. Activities Closed)  
1 p.m. Check-in and unpack at cabin  
3-3:30 p.m. Triple Thrill – Meet at Amphitheatre (Dads must participate with child)  
5:30 p.m. Campfire & Bear Claw Exchange  
6:45-7:45 p.m. Dinner in Dining Hall – Buffet-style
- \*Cabins 1-18 arrive between 6:45-7 p.m.**  
**\*Cabins 21-28 arrive between 7:15-7:30 p.m.**
- 8:30 p.m. Evening Program (Amphitheater)  
10 p.m. Taps/Lights Out

### SUNDAY

- 7 a.m. Coffee & Hot Chocolate in the Dining Hall  
7:30 a.m. Reveille  
7:30-8:30 a.m. Breakfast – Buffet style, come anytime  
10 a.m. Check Out of Cabins/Head Home

#### Saturday Menu

**\*Lunch is on your own.\***

#### Dinner

- Chicken Tenders
- Mashed Potatoes
- Green Beans
- Salad
- Rolls
- Bug Juice & Water

#### Evening Snack

Chocolate Chip Cookies and Milk

#### Sunday Menu

#### Breakfast

- French Toast Sticks
- Eggs
- Bacon
- Biscuits
- Cereal & Yogurt Bar
- Orange Juice, Coffee and hot chocolate

Vegetarian and gluten-free options are available at every meal. Staff take all of the necessary steps to accommodate participants with food allergies. Please see a member of the dining hall staff for food alternatives.

### The Y Guides Store will be open Saturday from 12-4 p.m.

Overnight participants can pick up their free Fall Outing t-shirt during this time. Consider a pledge to the 2018 Annual Campaign. Pick up Annual Campaign patches if your tribe makes a pledge.

### FALL OUTING PACKING LIST

- Bedding
- Toiletries
- Towels
- Pillow
- Change of clothes for all weather
- Snacks
- Lunch for Saturday
- Athletic equipment/games
- Fishing poles
- Bathing suit (for Triple Chill)

**Please DO NOT MOVE the fire pit in front of your cabin.**

**In Case of Emergency, Y Guides Director on Call Number:  
919-280-1393**