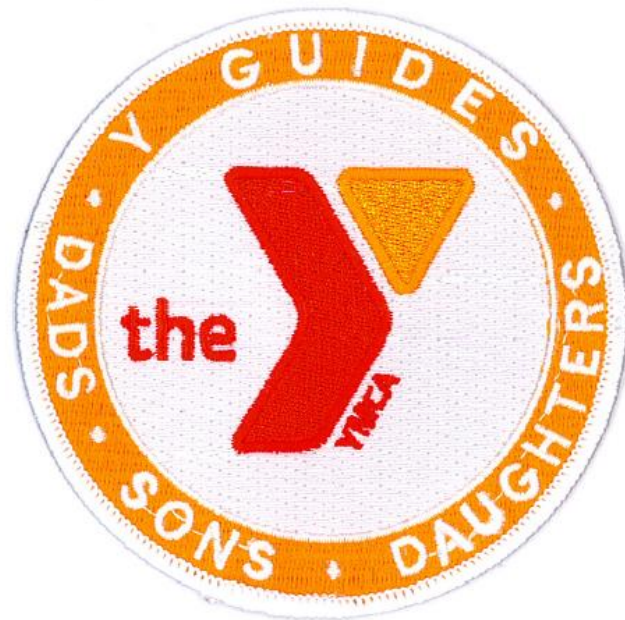


The Adventure Continues



Pals Forever, Friends Always





STAFF

Caitlin Herrion, Spotted Turtle

Chas Sharp, Swift Arrow

Chris Lassiter, Road Runner

Kate McCormick, Dancing Penguin

Y GUIDES OFFICE

YMCA of the Triangle

Association Resource Center

801 Corporate Center Dr., Suite 200

Raleigh, NC 27607

CUSTOMER SERVICE

919-719-9989

919-719-9695



YMCA OF THE TRIANGLE

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

3 EXPECTATIONS

- No alcohol
- Dad and Child together always
- Live by 6 Aims
 - To be clean in body and pure in heart
 - To be "Pals Forever/ Friends Always" my father/son/ daughter
 - To love the sacred circle of my family
 - To listen while others speak
 - To love my neighbor as myself
 - To seek and preserve the beauty of the Great Spirit's work in forest, field and stream

Community Builder



Trailblazer Signature Events

June: Rockmont Lottery

July 26: Durham Bulls Baseball Game

August & September: Camp Rockmont

August 10 or 19: Daddy Daughter Date Night

October 16: State Fair Day

November 3: Triangle Rock Club Outing

December 8 or 9: Christmas Store Project

January 6: Winter Inning @ DPAC

February 2: Ski Trip @ Wintergreen

April: Celebrate Earth Month

April 27: Families On! Challenge



Signature Trailblazer Event: Camp Rockmont

- Canoeing
- Kayaking
- Alpine Tower
- Target Sports
 - Archery, BBs and Riflery
- Triple Thrill
 - Gully Washer
 - Zip line
 - Blob
- Swim Lake
- Gnome Hunt
- Dads only blob contest
- Saturday Night FUN!
 - Lake side cookout with local bluegrass band
 - Dodge ball
 - Square dancing
 - Campfire
 - Marshmallow roasting





Rockmont Housing Options



Registration Information

Step 1: Fill out Camp Rockmont form that can be found on our website YGuides.YMCATriangle.org

Step 2: Take completed form and ALL payments (checks or CC number) to registration drop off days June 4-8

Step 3: You will be given a lottery number at registration





Fourth Year Curriculum Overview

SPORTS & FITNESS: GET ACTIVE

SERVICE: TWO SERVICE PROJECTS

LIFE SKILLS: LEARN TO COOK

FOREST, FIELD, STREAM: GO FISHING

GREAT SPIRIT: DEVOTIONAL



We want to hear from you!



About Us

Join

Events

Resources

Give Back

LEARN MORE ABOUT Y GUIDES

Suggestions for Having a Great Tribe

Crafts

Games

Invitations

Outing Ideas

Songs

Stories

Tricks

Program Patches

Aims, Pledge, Prayer

Y Guides Tribe Meeting Videos



HOW HOW!



MEET ROAD RUNNER!

Y GUIDES OFFICE

Office Hours



LONG BOW COUNCIL

Social responsibility is a core component of our Y Guides program. With social responsibility comes generosity and caring toward others.

- Past dads and kids that have come through the program
- Serve as activity and service corps volunteers at outings such as: Spring Outing, Rockmont, Daddy Daughter Date Night, etc.
- Must be fifth grade or older to volunteer at Camp Rockmont.
- Register on Volunteer Matters, instructions on the website.

Questions? Contact Swift Arrow at Chas.Sharp@YMCATriangle.org



NEED A NEW CONNECTION?

- Are you looking for a tribe to connect with?
- Are you looking to expand your tribe or a “veteran” of the program?
- Stick around after and meet & greet!



If you have any questions:



- Website for up to date information
- Office: 919-719-9695
- Email yguides@ymcatriangle.org



@ArapahoeNation



Y Guides YMCA of the Triangle