



Canoes

- Assist participants in getting PFDs that fit appropriately
- Little Guides and Princesses sit in front / Dad in the back
- Helpful to brace the canoe with both hands while participants get in
- Hook canoes to the dock when not in use
- Canoes can remain in water at end of activities and weekend

Reminders to Participants:

- Stay seated in canoes
- Make sure they stay within sight of lifeguard
- Approach dock slowly to avoid damaging canoe
- Have fun!



BB Range

- Treat BB guns with respect and handle as if they are loaded
- Always keep BB gun pointed in a safe direction, either toward the target or at the ground
- Everyone** must wear safety goggles
- Have **unloaded** BB gun ready for safety talk
- Participants shoot for 2 minutes when a line, if there isn't a line shoot for 5 minutes
 - *Use your best judgment on how long to shoot, ensure the line keeps moving
- No personal equipment allowed
- Only shoot sugar-free soda

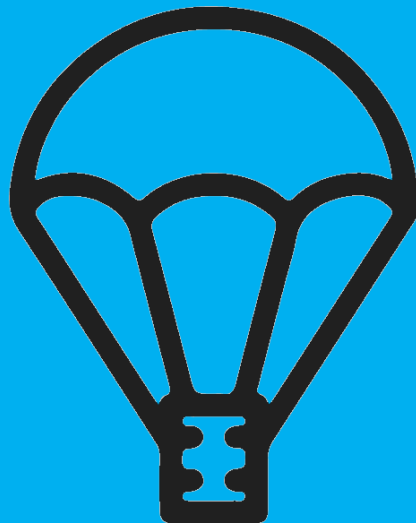


Archery

- Always point bow and arrow down range at the target.
- Teach proper way to use the bow and arrow.
- Ensure there is always someone up in the chair when participants are on the firing line.
- Review commands during Safety Talk:
 - You may approach the line
 - Show me your arm guard
 - You may load your arrows
 - You may fire when ready
 - Cease Fire
 - Take your arm guard off and place it in the bucket
- No personal equipment allowed

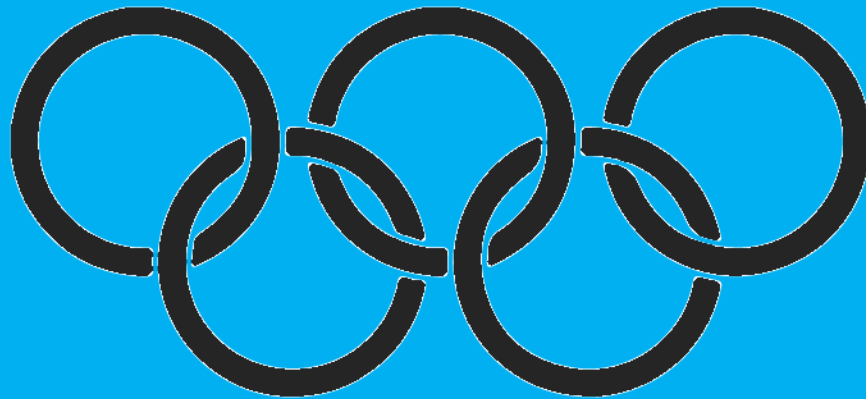
Yard Games

- Parachute games
- Spike Ball
- Can Jam
- Life-size horseshoes



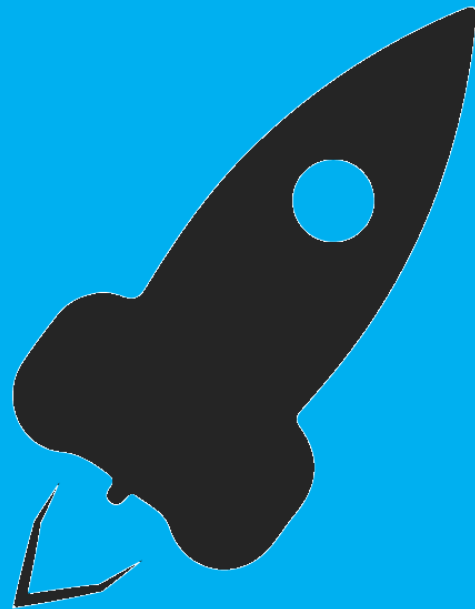
Go for the Gold

- ❑ Timed obstacle course
 - ❑ Keep track of times
 - ❑ Create your own
- ❑ Soccer shoot-out
 - ❑ Hoola-hoops hanging from goal



Rocket Launch

- ❑ Water bottle rocket launcher
 - ❑ 2 liter bottles launched by air pressure
 - ❑ Hand held air pump – DAD ONLY
 - ❑ Kids will pull string to launch
 - ❑ Buckets kids will refill their bottle



Group Control 101

- Why is it important?
 - Keep every safe
 - Keep activity in control
 - Avoid dead time
- Be heard
- Be enthusiastic
- Be a presence
- Be on the child's level
- Be creative
- Be goofy

Attention Getters

I Say _____

Check

Spring

Golden

Tar

How

You Say _____

Mate

Outing

Hoopla

Heels

How

Rhythmic clapping

Group responds in turn

If you can hear my voice...

Clap once, clap twice, point up, point down

Hip Pocket Games

- Activities requiring little to no equipment to keep people's attention while waiting
- Johnny, Johnny
- Green Glass Doors
- What does this key go to?
- Black Magic
- Alphabet Game