



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUR FAMILY BELONGS HERE

A Special Offer Just for Y Guides Families!

Join the YMCA by October 25, 2014, and we'll waive the joining fee. See other side for details. The Y is a great place for you and your kids to get involved in a fun, active lifestyle.



» **JOIN NOW & SAVE,
PAY NO JOINING FEE!** (UP TO A \$250 VALUE).

Y Guides offer expires: 10/25/14

Bring this coupon to any YMCA of the Triangle location and join today. Coupon cannot be combined with any other offer.

www.YMCATriangle.org



// FAMILY FUN FOR YOU!

The Y is the perfect place to connect with family and friends. Our supportive, knowledgeable staff is here to help you achieve your wellness goals. Feel good and discover ways to support your community as well.



LOCATIONS IN: APEX • CARY • CHAPEL HILL • DURHAM • RALEIGH • SANFORD • WAKE FOREST



JOIN THE Y NOW, AND WE'LL WAIVE THE JOINING FEE! (UP TO A \$250 VALUE).

See other side for details.

As a YMCA member you gain access to:

- Indoor and outdoor pools, steam rooms and saunas, gymnasiums and indoor tracks.
- State-of-the-art wellness centers with cardio, weight and strength-training equipment.
- FREE Fitness Classes including cardio, cycling, dance, flexibility, strength training and water classes.
- Drop in child care while you work out at most locations.
- Reduced rates on youth programs, child care, camp, sports and swim lessons.
- Reduced rates on other specialty classes and programs for youth and adults.

And much more!

www.YMCATriangle.org



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