

# FALL OUTING AT CAMP KANATA

## FRIDAY OVERNIGHT

### FRIDAY

5 - 7 p.m.	Check-in and unpack at cabin
7 - 7:45 p.m.	Dinner in the Dining Hall
8 p.m.	Arrowhead Exchange & Evening Program
10 p.m.	Taps/Quiet Camp

### SATURDAY

7:30 a.m.	Coffee & Hot Chocolate at the Dining Hall
8 - 8:45 a.m.	Breakfast in the Dining Hall
8:45 - 9:30 a.m.	Move Out of Cabins
9 a.m. - 12 p.m.	Activities Open
12 - 1 p.m.	Activities Closed (lunch is on your own)
1 - 5 p.m.	Activities Open
2 - 2:30 p.m.	Triple Chill - Meet at Amphitheater (Dads must participate with child)
5:30 p.m.	Third-Year Campfire at Amphitheater
6 p.m.	Head Home

### SATURDAY ACTIVITIES

Archery  
BBs  
Climbing Wall  
Canoeing  
Arts & Crafts  
Hiking Trails  
Gnome Hunt

#### Y Guides Store

The Y Guides Store will be open on Saturday from 12-5p.m. Third-Years can pick up their free Fall Outing t-shirts during this time.

#### LIVING THE AIMS

While at camp we expect all Dads and Kids to Live The Aims of Y Guides and follow YMCA expectations. Pick up a special patch at the Y Guides Store at the end of your stay if you commit to the following.

- 1) Dads and kids together always.
- 2) Listen to staff and follow activity rules to ensure activities stay safe.
- 3) Park cars in designated parking lots.
- 4) Leave Camp better than you found it (see below).
- 5) Alcohol and tobacco use are not allowed at Y Guides programs or on YMCA camp properties.

#### WE BUILD PEOPLE

Use the QR Code below to submit your Crew Pledge or to create Classy page to support the "We Build People" Campaign.



### LEAVING CAMP BETTER THAN YOU FOUND IT

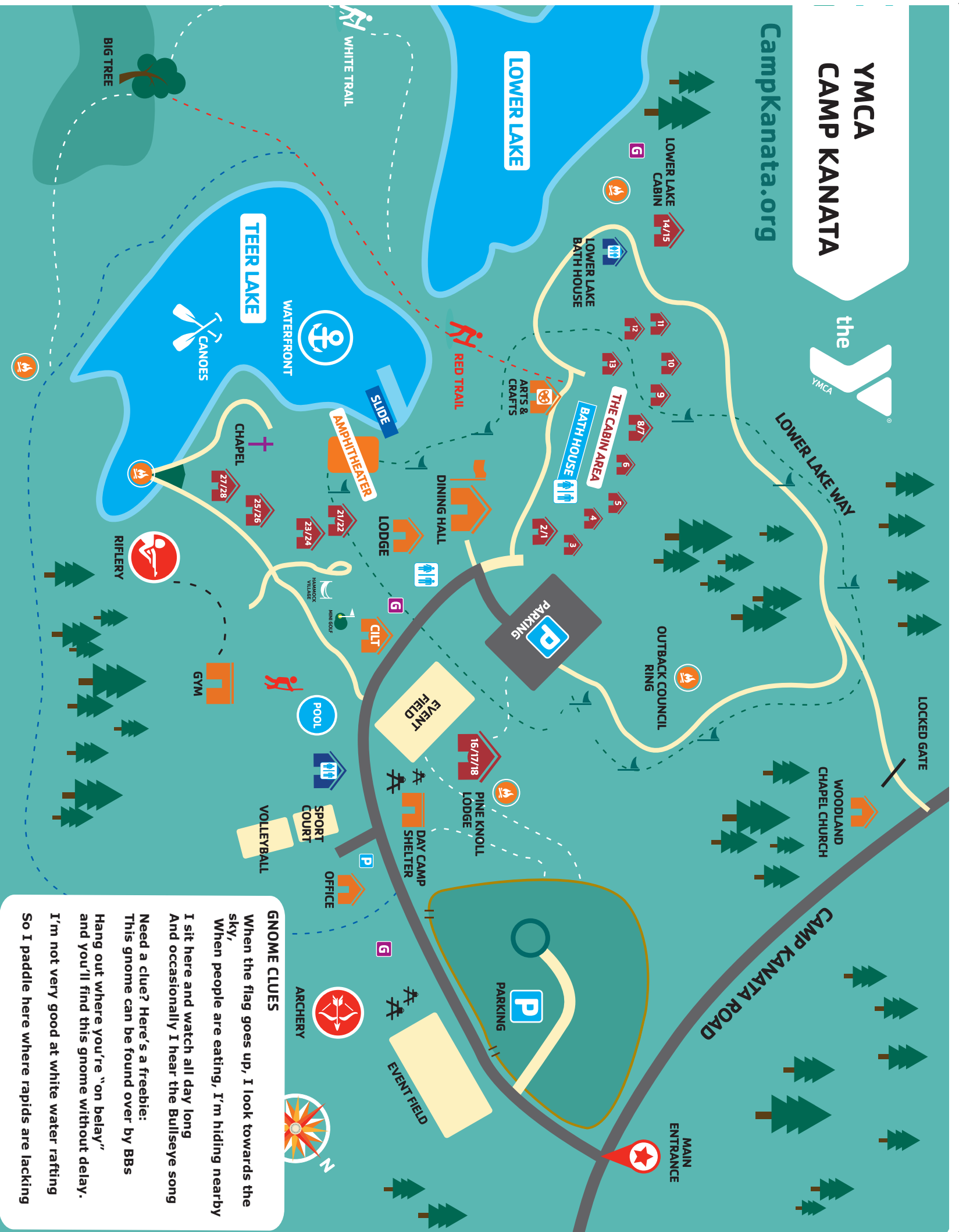
Before heading home on Saturday, please leave your cabin looking sharp:

- Throw all trash away in trash cans.
- Turn off all lights and fans.
- Close and secure all shutters.
- Check cubbies, under bunks/bed pockets for any items left behind.
- Turn off and unplug radiators.

**IF YOU NEED ASSISTANCE DURING THE WEEKEND, CALL THE Y GUIDES DIRECTOR AT 919-280-1393 (texting not available)**

# YMCA CAMP KANATA

CampKanata.org



### GNOME CLUES

When the flag goes up, I look towards the sky,  
 When people are eating, I'm hiding nearby  
 I sit here and watch all day long  
 And occasionally I hear the Bullseye song  
 Need a clue? Here's a freebie:  
 This gnome can be found over by BBS

Hang out where you're "on belay"  
 and you'll find this gnome without delay.  
 I'm not very good at white water rafting  
 So I paddle here where rapids are lacking

