



The Y has the long-standing track record and on-the-ground presence necessary to address our community's most pressing social issues. We understand the core of a strong, diverse, vibrant, equitable and inclusive community comes from everyone's desire to belong, to help others and to contribute.

This year, we mark 30 years of partnership, support and impact through the Annual Campaign.

Communities are strong when all have the opportunity to participate, connect and thrive.

Thanks to donations to the Annual Campaign, we serve 20,000+ children, families and adults.

A strong Father/Child relationship can help promote a **child's independence, sense of self and a positive lens through which they can view the outside world.**

Rosenberg and Wilcox

Youth civic engagement can lead to increased academic performance and improved social-emotional well-being. **It helps young people build skills and networks that are valued in the workplace, and can thus be a source of economic mobility.**

Rosenberg and Wilcox

**Swimming year-round increases a child's confidence, improves their health, enhances their safety around water** and strengthens their cognitive development and capacity for learning.

Rosenberg and Wilcox

## CURRENTLY SERVING



**10,000**

Dads & Children  
in Y Guides



**750**

Teens in NC YMCA  
Youth & Government



**590**

Competitive  
Swimmers in YOTA



**60**

Competitive  
Jump Ropers with  
Super Skippers



Our work is focused in the following four areas:

- IMPROVING HEALTH OUTCOMES
- SUPPORTING EDUCATION
- DEVELOPING CHANGEMAKERS
- STRENGTHENING FAMILIES

We need your support.

YOUTH DEVELOPMENT DEPARTMENT GOAL: \$250,000

# Give Today.

**Y GUIDES** focuses on strengthening the father-child relationship through activities that allow fathers to spend quality one-on-one time with their children. It's through these shared experiences that dads and their kids build stronger relationships and form memories that last a lifetime.

**\$700** supports the father-child relationship through one year of activities and quality time.

**NC YMCA YOUTH & GOVERNMENT** students in grades 9 – 12 experience government first-hand and learn how to solve community problems through the democratic process.

**\$495** prepares a teen for moral and political leadership during one year of this service program.

**COMPETITIVE SWIMMING + JUMP ROPE** teaches children the importance of sportsmanship, teamwork and goal setting.

**\$300** offers a child one month of our competitive swimming program that emphasizes teamwork, sportsmanship and personal achievement.

**\$759** encourages a youth to stay active and build skills during a year of competitive jump roping.

“Youth & Government has given me a voice, a passion, and the opportunities to help lead a program and grow as a leader.”  
—NC Youth Governor

Donations to the YMCA We Build People Annual Campaign make it possible for children, teens, adults and families to participate in YMCA programs regardless of their ability to pay. Ensure that future generations can participate in YMCA programs through a **planned gift**.

**[YMCATriangle.org/give](https://YMCATriangle.org/give)**

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**YMCA MISSION** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.