



YMCA Y GUIDES

2020 CHIEF'S CHALLENGE

Our 2020 Chief's Challenge encourages dads and kids to "Find True North" in preparation for Spring Outing. Below, you'll see five activities for dads and kids to complete together. These activities will teach lessons about navigation, but "Finding True North" is also meant to teach lessons about fathers and kids leaning on each other for support, building stronger relationships with each other and using those relationships as a foundation that helps to make our community stronger and the world a better place. As you complete the activities below, dig deeper to discover how the skills you're learning can help point you to True North. Use your tribe meetings to share stories as you complete the activities. If you complete the challenge, stop by the Y Guides store at Spring Outing and pick up a Chief's Challenge patch.

- Learn the parts of a compass and the basic use of a compass to find direction (North, South, East, West). Draw a compass and label the parts of the compass to share with your tribe.
- Learn how to read a map. Using a map of North Carolina (or a Road Atlas if you are really adventurous), plan a drive to visit friends or family or to go to one North Carolina's fabulous natural areas. Share your experience with your tribe.
- Learn to find The North Star (Polaris) in the night sky. Learn to identify the constellation Orion and how to use it to find East and West.
- Dads, over the course of the year, choose at least four times to include your child in your favorite hobbies. Kids, over the course of the year, choose at least four times to include your dad in your favorite hobbies.
- Draw a map of your neighborhood to share with your tribe at a tribe meeting. Using your map and a compass, walk around the block and take note of the direction changes at each turn. Can you use your compass to mark your route in degrees? On your map, make sure to include directional North, street names, bridges, natural features and houses.
- Choose one weekend to "unplug." Disconnect from your devices and reconnect with one another. Both father and child must agree to be electronics free. A great time to do this is on a weekend campout or at Spring Outing.

You are encouraged to post pictures on your social media, tag Y Guides, and use our hashtag **#YGuidesTrueNorth** to share the message with others.