



YOUR Y GUIDES STORY



2026 CAPTAIN'S CHALLENGE

Capture details and memories of your adventures together!

Dads and kids—this is your chance to reflect on your Y Guides journey. Journal about a favorite experience or activity you've shared or a new skill you learned together. Get creative and decorate your story with drawings, photos or stickers.

Your challenge is to answer three questions from your program year.

Complete your story and share it with your other crew members by your Spring Outing and earn the exclusive Captain's Challenge patch at Camp Sea Gull or Camp Seafarer. Use the back of this sheet to answer your questions. **Extra credit:** Display your story on construction paper, poster board or small notebook.

FIRST YEAR GUIDES (Building Community)

- How did you pick your Y Guides name?
- How did you pick your Crew name?
- Why did you and your Dad want to join Y Guides?
- Which leaf on the First Year Patch are you most proud of achieving and why?
- What was your favorite First Year activity and why?

SECOND YEAR GUIDES (Mind, Body and Health)

- What does a healthy mind and body mean to you?
- What are some things you do to maintain a healthy mind and body?
- Reading promotes a healthy mind, what is your favorite book?
- Exercise and sports promote healthy body, what is your favorite athletic activity and why?

THIRD YEAR GUIDES (Service and Community)

- What is your favorite patch and why?
- What does service to our community mean to you and what service projects did you participate in with your Crew or your dad?
- What is something important you learned through Y Guides?
- Tell us about a new friend you made through Y Guides?

Post pictures on your social media, tag **@Y_Guides** **#YGuides** and share with others.